

DISCIPLINE SHEET**ACADEMIC YEAR****2022- 2023****1. DATA ABOUT THE STUDY PROGRAM**

1.1 Institution of higher education	UNIVERSITY OF MEDICINE AND PHARMACY OF CRAIOVA
1.2 Faculty	MEDICINE
1.3 Department	5
1.4 Study Domain	HEALTH
1.5 Study cycle	LICENCE
1.6 Study program/ Qualification	Medicine

2. DATA ABOUT THE DISCIPLINE

2.1 DISCIPLINE NAME	MEDICAL PSYCHOLOGY. MEDICAL COMMUNICATION				
2.2. Discipline code	MED21211				
2.3 The holder of course activities	Florina Nechita				
2.4 The holder of seminar activities	Raluca Motorga, Iulia Balutoiu				
2.5.Academic degree	Associate professor/ PhD psychologist/ PhD student psychologist				
2.6. Employment (base norm/associate)	Base norm/associate/associate				
2.7. Year of study	II	2.8. Semester	II	2.9. Course type (content)	CCD
				2.10. Regime of discipline (compulsoriness)	

3. TOTAL ESTIMATED TIME (teaching hours per semester)

3.1 Number of hours per week	2	3.2 From which - course	1	3.3 seminary/laboratory	1
3.4 Total hours in curriculum	28	3.5 From which - course	14	3.6 seminary/laboratory	14
Time found distribution (hours)					
Study by manual, course support, bibliography, and notes					10
Additional documentation in the library, specialized electronic platforms and, on the field					2
Training seminars / labs, homework, reports, portfolios, and essays					10
Tutoring					-
Examinations					-
Other activities, counselling, student circles					-
3.7 Total hours of individual study	22				
3.9 Total hours per semester	50				
3.10 Number of credits	2				

4. PREREQUISITES (where appropriate)

4.1 curriculum	Behavioral Sciences, Physiology, Biochemistry, Biophysics
4.2 competency	

5. CONDITIONS (where appropriate)

5.1. of lecture deployment	Access to a video projector and a writing board
5.2. of seminary/ lab deployment	Access to a video projector/tv and a writing board/flipchart

6. SPECIFIC COMPETENCES ACCRUED

PROFESSIONAL COMPETENCES	C2. Designing and implementing of a treatment plan appropriate for identified condition (diseases).
	C3. Correct assessment of disease risk and context of occurrence of an individual / collective disease, followed by the selection and application of appropriate prophylaxis measures.
	C4. To address health issues/illness from the perspective of community specifics, directly related to the social, economic and/or cultural specific to community.

TRANSVERSAL COMPETENCES	<p>CT1. Autonomy and responsibility</p> <ul style="list-style-type: none"> the acquisition of moral reference points, the formation of professional and civic attitudes, that will allow to the students to be fair, honest, helpful, understanding, unconflictuals, to cooperate and to be comprehensive in the face of suffering, to be available to help people, and to be interested in community development; to know, to respect and to contribute to the development of moral values and professional ethics; to learn how to recognize the problems when they arise, and provide solutions for solving them. <p>CT2. Social interaction</p> <ul style="list-style-type: none"> to recognize and to have respect for diversity and multiculturalism; to have or to learn how to develop teamwork skills; to communicate orally and in writing the manner of work requirements, the obtained results, to consult with the team; to engage themselves in voluntary activities, to know the essential problems of the community. <p>CT3. Personal and professional development</p> <ul style="list-style-type: none"> to have opening to lifelong learning, to be aware for self-study as a basis of personal autonomy and professional development; to derive the optimum and creative potential in their own collective activities; to know how to use information and communication technologies.
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7. DISCIPLINE OBJECTIVES (based on the grid of specific competences acquired)

7.1 The general objective of the discipline	Fixing and deepening of basic notions in psychology that the student will meet during the years of study
7.2 The specific objectives of the discipline	<p>Upon completion of activities related to discipline the student will be able:</p> <ul style="list-style-type: none"> - to operate with concepts of psychology in current medical work; - to identify psychological factors that determine or contribute to disease or medical problem; - to describe the lifestyle of the patient according to the four components; - to exemplify physician behaviors that are involved in three types of prevention; - to identify the causes of stress and the type of coping used; - to describe the immunogenic and disimmunogenic personality traits; - to identify the defense mechanisms and decide the best course of action to make the patient feel secure; - to properly communicate a diagnosis and treatment plan using the SPIKES protocol

8. CONTENTS

8.1 Course (content units)		Nr. ore
1. Introduction in Medical Psychology. Health and illness.		2
2. The biopsychosocial model of health and illness.		2
3. Lifestyle theories.		2
4. Vulnerability		2
5. Stress		2
6. Defense mechanisms and coping strategies		2
7. Communication skills. Breaking bad news		2
	Total	14

BIBLIOGRAPHY

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3. Fica Simona, Minea Liudmila - Ghid de comunicare și comportament în relația cu pacientul, Editura Universitară Carol Davila, București, 2008
4. Tudose Florin – Fundamente în Psihologia medicală, Editura Fundației România de mâine, București, 2008
5. Andronic Ioan – Psihologie generală și psihologia medicală, Editura SITECH, Craiova, 2004
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7. Buzdugan Tiberiu – Psihologia pe înțelesul tuturor, București, EDP, 2008
8. Crăciun Ruxandra-Maria- Asistarea (acompanierea) bolnavului terminal în context familial, Iași, Editura Lumen, 2006
9. Dumitrescu Marinela, Dumitrescu Sorina – Educația pentru sănătate mentală și emoțională. Ghid metodologic pentru pregătirea cadrelor didactice, Craiova, Editura ARVES, 2005
10. Nuță Adrian – Abilități de comunicare, Editura SPER, București 2004
11. Joja Oltea – Psihosomatica între medicină și cultură, Editura Paideia, București, 2003
12. Babbette Rotschild - The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment, Norton Professional Books, 2000
13. Goleman Daniel – Emotional Intelligence: Why It Can Matter More Than IQ, Bantam, 2005
14. Ekman Paul – Emotions Revealed, Second Edition: Recognizing Faces and Feelings to Improve Communication and Emotional Life, Holt Paperbacks, 2007
15. Besser Van der Kolk - The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma, Penguin Books, 2015
16. Gabor Mate - Scattered Minds: A New Look at the Origins and Healing of Attention Deficit Disorder, Toronto, Ontario, Canada, A.A. Knopf Canada, 1999 (published in the United States as Scattered: How Attention Deficit Disorder Originates and What You Can Do About It).
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19. Gabor Mate - In the Realm of Hungry Ghosts: Close Encounters with Addiction, Toronto, Ontario, Canada, A.A. Knopf Canada, 2008. Brown, Brené (2018). Dare to Lead: Brave Work. Tough Conversations. Whole Hearts. Random House.
20. Brown, Brené (2017). Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone. Random House UK.
21. Brown, B. (2015): Rising Strong: The Reckoning, The Rumble, The Revolution.
22. Brown, B. (2012): Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead. New York City, NY: Gotham
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26. Charles K. Prokop, Laurence A. Bradley - Medical Psychology: Contributions to Behavioral Medicine

8.2 Practical work (topics / themes)

1. Introduction in Medical Psychology	2
2. The biopsychosocial model of health and illness. – exercises, debate	2
3. Lifestyle theories – exercises, debate	2
6. Vulnerability – debate, roleplay	2
4. Stress, coping mechanisms – exercises	2
5. Stress, defense mechanisms – exercises	2
7. Breaking bad news – roleplay, debate	2
Total	14

9. CORROBORATING THE DISCIPLINE CONTENT WITH THE EXPECTATIONS OF EPISTEMIC COMMUNITY REPRESENTATIVES, PROFESSIONAL ASSOCIATIONS AND EMPLOYEE REPRESENTATIVES RELATING TO THIS PROGRAM

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10. METHODOLOGICAL LANDMARKS

Types of activity	Teaching Techniques / learning materials and resources:
Course	lecture, problem-solving, debate, questioning, heuristic conversation
Practical work	practical applications, problem solving, exercise, role play, heuristic conversation
Individual study	Observation, case study, working with manual, documentation

11. RECOVERY PROGRAM

	No. absences that can recover	Place of deployment	Period	In charge	Scheduling of topics
Absences recoveries	2	online	Last two weeks of the semester	Responsible for practical activities	Depending on the topics of the seminars attended by the students
Schedule consultations / Students' Scientific Circle	-	online	Every Friday 12-14	Responsible for practical activities	As required
Program for students poorly trained	-	online	Every Friday 12-14	Responsible for practical activities	As required

The activity will be carried out online, using computer platforms approved by the University. The online education process will be adapted accordingly to ensure the fulfillment of all the objectives set out in the discipline sheet.

12. ASSESMENT

Activity	Types of assesment	Methods of evaluation	Percentage from final grade
Lecture	Summative assesment	Essay/ Multiple Choice Questions Answering System (MCQ)	70%
Practical work	Formative assesment	Weekly projects	30%
Periodic assesment			
Assement of individual activities		Weekly projects	-
Minimum performance standard	Participation in the final assessment is conditioned on the completion of all tasks in the practical activities with a minimum grade of 5.		

13. GUIDANCE AND COUNSELLING PROGRAMS

Professional guidance and counselling programs (2 hours/monthly)

Scheduling the hours	Place of deployment	In charge
Every Tuesday, 14-16	Room 718, Building A'	Lect. Univ. Dr. Florina Nechita
Every Friday, 10-12	Room 707, Building A'	Psih. Iulia Băluțoiu
Every Friday, 10-12	Room 718, Building A'	Psih. Drd. Raluca Motorga

Endorsement date in the department: 27.09.2022

Department Director,
Asoc. Prof. Constantin KAMAL

Coordinator of study program,
Prof. Marius Eugen CIUREA

Discipline holder,
Asoc. Prof. Florina NECHITA