

DISCIPLINE SHEET**ACADEMIC YEAR****2022- 2023****1. DATA ABOUT THE STUDY PROGRAM**

1.1 Institution of higher education	UNIVERSITY OF MEDICINE AND PHARMACY OF CRAIOVA
1.2 Faculty	MEDICINE
1.3 Department	5
1.4 Study Domain	HEALTH
1.5 Study cycle	LICENCE
1.6 Study program/ Qualification	Medicine

2. DATA ABOUT THE DISCIPLINE

2.1 DISCIPLINE NAME	BEHAVIORAL SCIENCES		
2.2. Discipline code	MED1110		
2.3 The holder of course activities	Dan Nechita		
2.4 The holder of seminar activities	Dan Nechita/ Madalina Dinu		
2.5.Academic degree	Lecturer/ Sociologist		
2.6. Employment (base norm/associate)	Base norm/ Associate		
2.7. Year of study	I	2.8. Semester	I
2.9. Course type (content)			CCD
2.10. Regime of discipline (compulsoriness)			

3. TOTAL ESTIMATED TIME (teaching hours per semester)

3.1 Number of hours per week	2	2.3From which - course	1	3.3seminary/laboratory	1
3.4 Total hours in curriculum	28	3.5From which - course	14	3.6seminary/laboratory	14
Time found distribution (hours)					
Study by manual, course support, bibliography, and notes					10
Additional documentation in the library, specialized electronic platforms and, on the field					7
Training seminars / labs, homework, reports, portfolios, and essays					5
Tutoring					-
Examinations					-
Other activities, counselling, student circles					-
3.7 Total hours of individual study	22				
3.9 Total hours per semester	50				
3.10 Number of credits	2				

4. PREREQUISITES (where appropriate)

4.1 curriculum	
4.2 competency	

5. CONDITIONS (where appropriate)

5.1. of lecture deployment	Access to the Webex Cisco platform
5.2. of seminary/ lab deployment	Access to the Webex Cisco platform

6. SPECIFIC COMPETENCES ACCRUED

PROFESSIONAL COMPETENCES	- Correct recognition of the psychic processes that trigger, influence and support human behavior;
	- Assimilation of ways of intervention and influence of the person's behavior in the sense of better compliance with the patient's treatment;
	- Development of good practices of healthy interpersonal relationships
	- Acquiring strategies of good ethical and professional conduct

TRANSVERSAL COMPETENCES	<p>CT1. Autonomy and responsibility</p> <ul style="list-style-type: none"> - Acquiring moral landmarks, forming professional and civic attitudes, which allow students to be fair, honest, non-conflicting, cooperative, understanding in the face of suffering, available to help people interested in community development; - To know, to respect, to contribute to the development of moral values and professional ethics; - To learn to recognize a problem when it arises and to offer responsible solutions for solving it. <p>CT2. Social interaction</p> <ul style="list-style-type: none"> - To recognize and have respect for diversity and multiculturalism; - To develop teamwork skills; - To communicate orally and in writing the requirements, the way of working, the obtained results, to consult with the team; - To get involved in volunteer actions, to know the essential problems of the community. <p>CT3. Personal and professional development</p> <ul style="list-style-type: none"> - To be open to lifelong learning; - To be aware of the need for individual study, as a basis for personal autonomy and professional development; - To optimally and creatively capitalize on their own potential in collective activities; - To use information and communication technology.
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7. DISCIPLINE OBJECTIVES (based on the grid of specific competences acquired)

7.1 The general objective of the discipline	Establishing and deepening some basic psychological notions that the student will encounter and will face during the years of study
7.2 The specific objectives of the discipline	<p>Upon completion of the discipline related activities, the student (s) will be able to:</p> <ul style="list-style-type: none"> - to illustrate the main laws on understanding and explaining mental phenomena; - integrate the role of different psychic processes and regulators in the personality system; - to use this information in seminar activities that may take the form of comments, case studies, or application papers; - to form a psychological language that reflects the specific training for the medical profession.

8. CONTENTS

8.1 Course (content units)	hours
<p>1. Domain, subject and methods of psychology</p> <p>Introduction to the issue of the human psyche; The object of study of psychology; Methods of psychology: the specific of psychological knowledge; methods of investigation of psychic phenomena; psychological research strategies</p>	2
<p>2. Regulatory activities and processes: motivation.</p> <p>Motivation: definition and functions of motivation; ways and structures of motivation; forms of motivation; motivational optimum.</p>	2
<p>3. Regulatory activities and processes: affectivity.</p> <p>Affectivity: definition and specificity of affective processes; the properties of affective processes; classification of emotional feelings; triggering and the role of affective processes.</p>	2
<p>4. The personality system</p> <p>Personality theories, personality analysis models: psychoanalytic, trait and factorial</p>	2
<p>5. Temperament</p> <p>Definition and characterization, temperamental typologies, the place of temperament in the structure of personality</p>	2
<p>6. Character</p> <p>Definition and characterization, structural analysis</p>	2
<p>7. Desirable behaviors in doctor-patient relationship</p> <p>Adapting to reality, accepting differences, the value of needs and emotions, assertiveness, politeness and anger</p>	2
Total	14

BIBLIOGRAPHY

- 1) Andronic, I. "Psihologia generala si psihologia medicala", Craiova, Sitech.
- 2) Buzdugan, T. "Psihologie pe intelesul tuturor", Bucuresti, EDP.
- 3) Cosmovici, A. "Psihologie generala", Iasi, Polirom.
- 4) Cretu, Tincea "Psihologie generala", Bucuresti, Ceredis.
- 5) Golu, M. "Fundamentele psihologiei: compendiu", Bucuresti, FRM.
- 6) Golu, M. "Introducere in psihologie", Bucuresti, Paideia.
- 7) Golu, P. "Psihologie – Repere ale invatarii rationale", Bucuresti, EDP.
- 8) Neveanu, P., Zlate, M., Cretu, T. "Psihologie - Manual pentru clasa a X-a scoli normale si licee", Bucuresti, EDP.
- 9) Parot, F. "Introducere in psihologie", Bucuresti, Humanitas.
- 10) Rosca, Al. "Psihologie generala", Bucuresti, EDP.
- 11) Zlate, M. "Fundamentele psihologiei", Bucuresti, Pro Humanitate.
- 12) Zlate, M. "Introducere in psihologie", Bucuresti, Sansa.
- 13) Zlate, M. "Introducere in psihologie", Iasi, Polirom.
- 14) Dafinoiu, I. "Personalitatea - Metode calitative de abordare: Observatia si interviul", Editura POLIROM, Iasi, 2002
- 15) Baiceanu, L.: "Dictionar ilustrat de Psihologie Englez-Roman", Editura Tehnica, Bucuresti, 2004
- 16) Dumitrescu, M., Dumitrescu, Sorina: "Educatia pentru sanatate mentala si emotionala", Craiova, Editura ARVES
- 17) Tara L. Kuther: "The Psychology Major's Handbook"
- 18) Dennis Coon, John O. Mitterer, et al.: "Introduction to Psychology: Gateways to Mind and Behavior"
- 19) David G. Myers and C. Nathan DeWall: "Exploring Psychology"
- 20) Sandi Mann: "Psychology: A Complete Introduction: Teach Yourself"
- 21) B.F Skinner: "Science And Human Behavior"
- 22) David Sloan Wilson PhD, Steven C. Hayes , et al.: "Evolution and Contextual Behavioral Science: An Integrated Framework for Understanding, Predicting, and Influencing Human Behavior"
- 23) Brown, B. "Curajul de a fi vulnerabil", Editura Curtea Veche, Bucuresti, 2016
- 24) Rothschild B. "Corpul isi aminteste. Psihofiziologia si tratamentul traumei", vol I si II, Editura Herald, Bucuresti
- 25) Mate G., "Cand corpul spune nu", Editura Curtea Veche, Bucuresti, 2021

8.2 Practical work (topics / themes)

<p>1. Domain, subject and methods of psychology Introduction to the issue of the human psyche; The object of study of psychology; Methods of psychology: the specific of psychological knowledge; methods of investigation of psychic phenomena; psychological research strategies</p>	2
<p>2. Regulatory activities and processes: motivation. Motivation: definition and functions of motivation; ways and structures of motivation; forms of motivation; motivational optimum.</p>	2
<p>3. Regulatory activities and processes: affectivity. Affectivity: definition and specificity of affective processes; the properties of affective processes; classification of emotional feelings; triggering and the role of affective processes.</p>	2
<p>4. The personality system Personality theories, personality analysis models: psychoanalytic, trait and factorial</p>	2
<p>5. Temperament Definition and characterization, temperamental typologies, the place of temperament in the structure of personality</p>	2
<p>6. Character Definition and characterization, structural analysis</p>	2
<p>7. Desirable behaviors in doctor-patient relationship Adapting to reality, accepting differences, the value of needs and emotions, assertiveness, politeness and anger</p>	2
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15. Băiceanu, L.: „Dicționar ilustrat de Psihologie Englez-Român”, Editura Tehnică, București, 2004
16. Dumitrescu, M., Dumitrescu, Sorina: „Educația pentru sănătate mentală și emoțională”, Craiova, Editura ARVES
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9. CORROBORATING THE DISCIPLINE CONTENT WITH THE EXPECTATIONS OF EPISTEMIC COMMUNITY REPRESENTATIVES, PROFESSIONAL ASSOCIATIONS AND EMPLOYEE REPRESENTATIVES RELATING TO THIS PROGRAM

- The discipline of Behavioral Sciences is a fundamental, complementary discipline for a student to acquire and develop a set of skills necessary in the profession of doctor
- The knowledge, practical skills, aptitudes and attitudes learned and developed in this discipline provide a basis for healthy interpersonal interaction necessary for understanding and - where appropriate - intervention to positively alter the behavior of future patients.
- The topics deepened here are closely related to the other disciplines studied and constitute the foundation for understanding and learning any preventive, diagnostic, curative or recuperative medical act.

10. METHODOLOGICAL LANDMARKS

Types of activity	Teaching Techniques / learning materials and resources:
Course	lecture, problem-solving, debate, questioning, heuristic conversation
Practical work	practical applications, problem solving, exercise, role play, heuristic conversation
Individual study	Observation, case study, working with manual, documentation

11. RECOVERY PROGRAM

	No. absences that can recover	Place of deployment	Period	In charge	Scheduling of topics
Absences recoveries	3	Online	Last two weeks of the semester	The holder of the practical activities	Depending on the topics of the seminars attended by the students
Schedule consultations / Students' Scientific Circle	-	Online	Every Thursday	The holder of the practical activities	As required
Program for students poorly trained	-	Online	Last two weeks of the semester	The holder of the practical activities	As required

12. EVALUATION			
Type of activity	Forms of evaluation	Evaluation methods	Percentage from final grade
Course	Formative evaluation through essays, projects and survey during the semester. Summative during the exam.	Grid type exam.	80%
Practical work	Formative evaluation through grid and / or descriptive control works, projects, survey during the semester. Periodic evaluation during the semester. Summative during the exam.	Grid exam simultaneously with the course.	20%
Periodical checks	-	-	-
Evaluation of individual activity	-	-	-
Minimum performance standard	Minimum 50% for each component of the evaluation		

13. GUIDANCE AND COUNSELLING PROGRAMS		
Professional guidance and counselling programs (2 hours/monthly)		
Scheduling the hours	Place of deployment	In charge
Every first Tuesday of the month, 12-14	online	Lecturer Dan Nechita

Endorsement date in the department: 27.09.2022

Department Director,
Assoc. Prof. Constantin KAMAL

Coordinator of study program,
Prof. Marius Eugen CIUREA

Discipline holder,
Lecturer Dan NECHITA